

SENSARAa

“La Pause Creative”

**MENTAL HEALTH
INTERVENTION
FOR TEAMS**

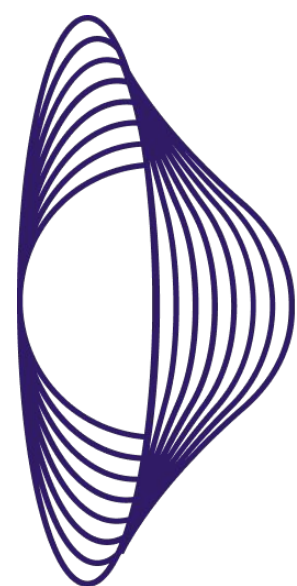


What is your relationship
with your nervous system?



70%

US Employees
feel exhausted &
psychologically
unsafe @work.



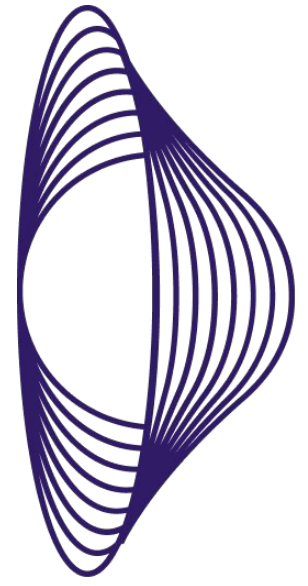
MEET NEURO-ARTS

At the intersection of neuroscience and creativity lives innovation & resilience. This spring, unleash - untame - unlock your team energy through neuro-arts.



- ✓ Ignite Confidence
- ✓ Foster Stronger Bonds
- ✓ Facilitate Communication
- ✓ Boost Morale
- ✓ Cultivate Inclusivity
- ✓ Drive Engagement
- ✓ Enhance Problem-Solving
- ✓ Spark Innovation





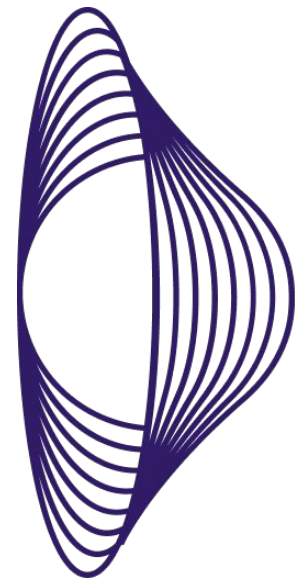
BOOK THE MUSEUM FOR YOUR TEAM

1. Strengthen team cohesion 2. Unlock productivity

Book a private event - For your organization This spring
At the Mr Brainwash Art Museum, in Beverly Hills
Fulfill your psychological needs in the most creative playground in LA

[WATCH THE VIDEO >](#)





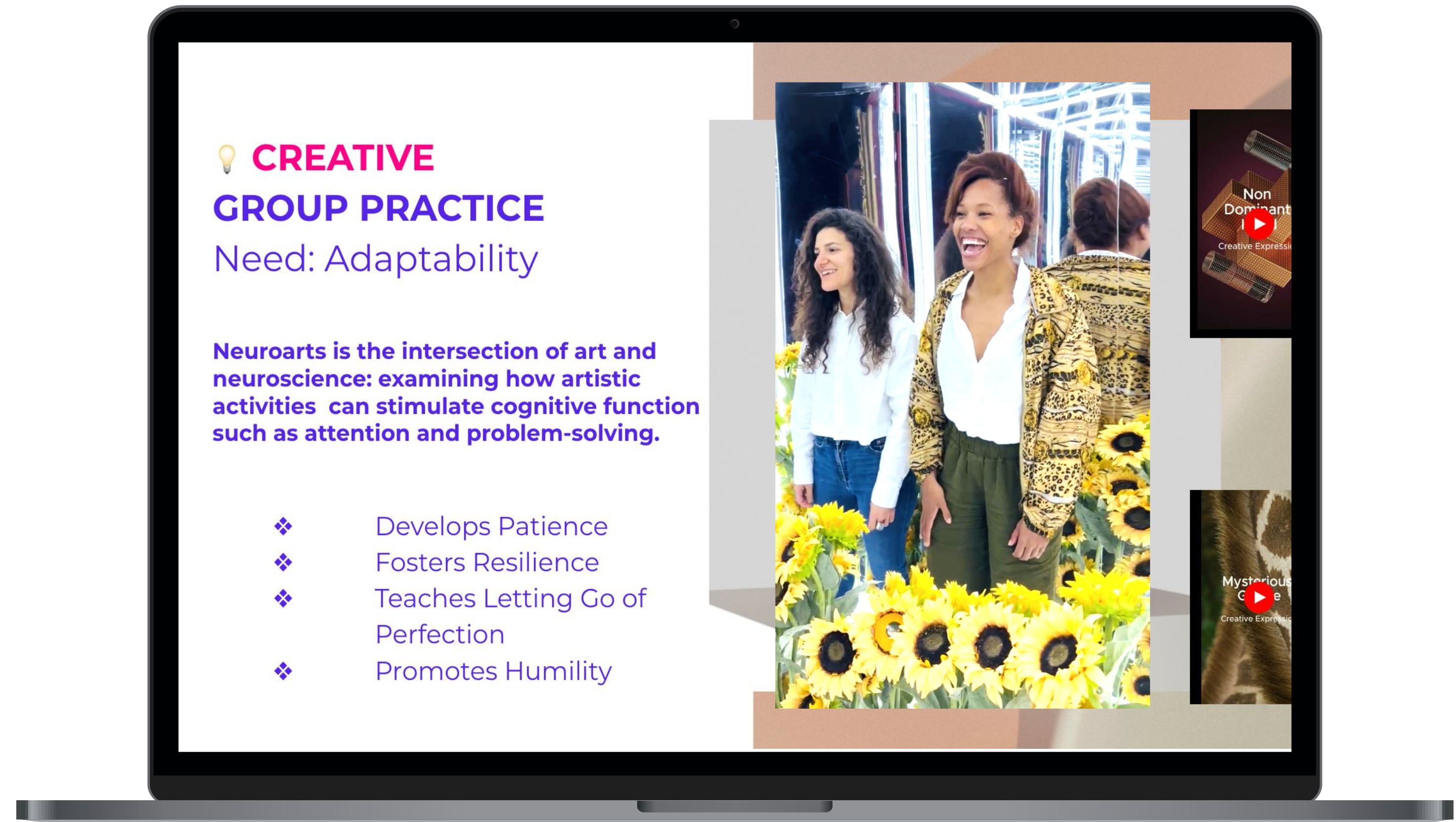
CREATIVE & SOMATIC EXPERTS



Maria Scileppi
Science of
CREATIVITY



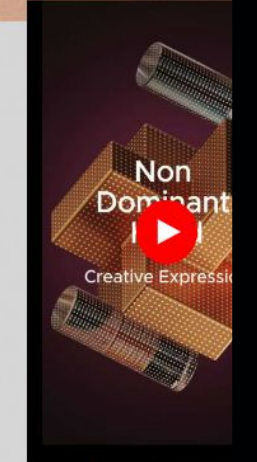
Susanna Sjoberg
Science of the
NERVOUS SYSTEM



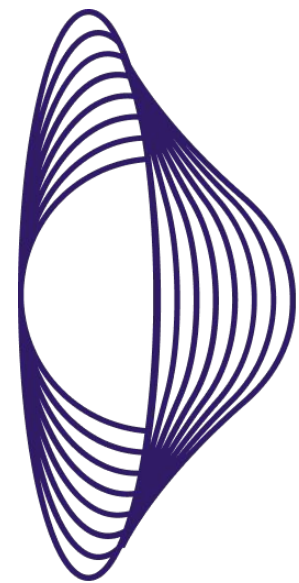
💡 **CREATIVE**
GROUP PRACTICE
Need: Adaptability

Neuroarts is the intersection of art and neuroscience: examining how artistic activities can stimulate cognitive function such as attention and problem-solving.

- ❖ Develops Patience
- ❖ Fosters Resilience
- ❖ Teaches Letting Go of Perfection
- ❖ Promotes Humility



Mental Health
For High-Performance



WHO WE ARE

2 Female Founders
Born In France
Raised in America

+ **AI Companion**



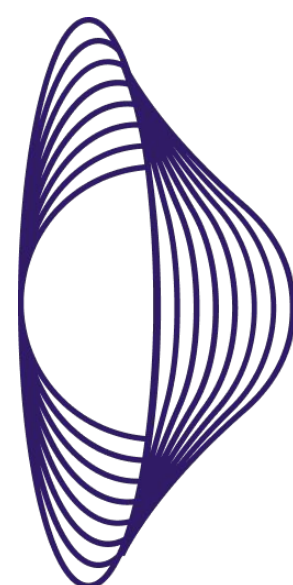
ELODIE ATTIAS

PSYCHOLOGICAL
SAFETY
Expert



AURELIE BRISAC

SUSTAINABLE
CHANGE
Expert

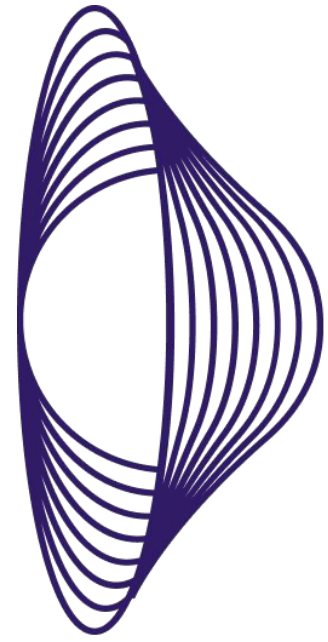


WHO TRUSTS US

“I didn’t know about neuro-arts!
I’m gonna reuse it @work and @home”
Naomi @Google

“This event was so FUN & enlightening!
Precisely what my team needed to bond”
Max @Accenture





At The Mr Brainwash Art Museum, Beverly-Hills

SENSARAa Learning & Development Team Building

TEAM BUILDING

\$150*

PER EMPLOYEE

Min 150 people
Up to 400 people

SENSARAa

PRIVATE EVENT 2-3 HOURS

Book A Neuro-Arts Event With Your Team

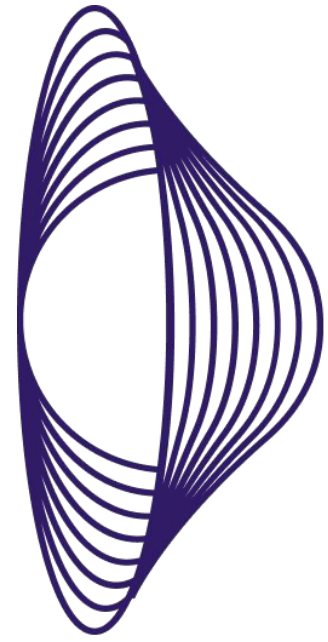
- 30 min - Nervous system introduction
- 60 min - Scavenger hunt through the museum
- 30 min - 5 NEW rituals @work

*Drinks & nibbles included

May 31st

7-9pm | \$75

CREATIVITY DAY
PUBLIC EVENT



In-House Creative & Somatic Workshops

SENSARAa Learning & Development Workshops

IN-HOUSE WORKSHOPS

\$3000
PER HOUR

Min 10 people
Up to 200 people*

SENSARAa WORKSHOPS 1-2 HOURS

Book A Neuro-Arts Event With Your Team

15 min - Nervous system introduction

30 min - Psychological needs practice

15 min - 5 NEW rituals custom to your team needs

*In-person & virtual capabilities

May 31st
7-9pm | \$75

CREATIVITY DAY
PUBLIC EVENT